



"ROUND DANCER"

Magazine

ME AND MY SHADOW

MAY - 1975

BOOK - 200

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Composers--Tom & Dottie Dean, 1192 S. Broadway, E. Prov., R.I. 02914

Record--DECCA LP DL75305 "Bert Kaempfert Now"

Position--INTRO & PART A --Skaters/LOD -- Balance of dance as noted.

Footwork--INTRO & PART A identical. Balance of dance opposite except as noted.

MEASURES-----INTRODUCTION-----

1---4 WAIT; WAIT; SIDE,TCH,SIDE,TCH; DIP,REC,FWD,CLOSE;

1-2.... In skaters pos facing LOD wait 2 measures;

3-4.... (M & W identical footwork) Step side L, tch R, step side R, tch L; Dip bk L, recover R, fwd L, close R;

PART - A

1---4 FWD,-,FWD(Check),-; REC,SIDE,CROSS,-; FWD,-,FWD(Check),-; REC,SIDE,CROSS,-;

1..... In Skaters pos step fwd on diag LOD/COH on L,-,fwd R checking fwd motion,-;

2-3.... Recover bk L, step side R, XLIF of R(W XIF),-; Step fwd diag LOD/Wall on R,-,fwd L checking fwd motion,-;

4..... Recover bk on R, step side L, XRIF of L (W XIF) end skaters pos facing diag LOD/COH,-;

5---8 VINE,2,3,4; FWD,LOCK,FWD,-; FWD,LOCK,FWD,-; WHEEL(RF),2,3,4 (Skaters diag RLOD/Wall);

5..... In skaters pos travel on diag LOD/COH side L, XRIB of L (W XIB), side L, XRIF of L (W XIF);

6-7.... Still diag step fwd L, lock RIB of L, fwd L,-; Fwd R, lock LIB of R, fwd R,-;

8..... As a couple wheel 1/2 RF on L, R, L, R to end facing on diag RLOD/Wall;

9---12 FWD,-,FWD(Check),-; REC,SIDE,CROSS,-; FWD,-,FWD(Check),-; REC,SIDE,CROSS,-;

9-12... Repeat meas 1 thru 4 traveling on diag twd RLOD.

13-16 VINE,2,3,4; FWD,LOCK,FWD,-; FWD,LOCK,FWD,-; ROCK FWD,REC TURN,FWD,CLOSE;

13-15... Repeat measures 5 thru 7 traveling on diag twd RLOD.

16..... Rock fwd L, recover turning 1/2 RF on R, step fwd L, close R to OP facing /LOD lead hands joined (W rock fwd L, recover turning 1/2 RF on R, do 1/2 RF spot turn on L/R, L end facing ptr/RLOD on opp footwork lead hands joined);

PART - B

1---4 (OP/Facing) ROCK SIDE,REC TURN IN,CROSS TURN,LOCK; CROSS TURN,LOCK(LOP/COH),FWD,-;

ROCK FWD,REC TURN IN (OP/Wall),SIDE TURN,LOCK; SIDE TURN,LOCK(OP/COH),FWD,-;

1..... OP/Facing rock side twd COH L, recover turning 1/4 RF on R to LOP/Wall, butt M's L & W's R elbows in slight bk-to-bk pos cross L over R turning 1/4 RF twd RLOD, lock RIB of L (W rock side R, recover turning 1/4 LF on L to LOP/Wall, step side R turning 1/4 RF twd RLOD, lock LIB of R);

2..... Cross L over R turning 1/4 RF twd COH, lock RIB of L, in LOP step fwd to COH on L,-(W side R turning 1/4 RF twd COH, lock LIB of R, step fwd to COH,-);

3..... LOP/COH rock fwd R turning to face ptr/RLOD, release L/R hands & join R/L hands & recover on L turning in LF (W RF) to OP facing wall, butt R & L elbows in slight bk-to-bk pos step side R turning 1/4 RF twd RLOD, lock LIB of R (W's footwork same as M's in Meas #1);

4..... Step side R turning 1/4 RF twd COH, lock L in bk of R, in OP step fwd R to COH,-(W's footwork same as M's in meas #2);

5---8 TURN AWAY,FACE(CP/LOD),BK,BK; SIDE,CLOSE,CROSS,-; SIDE,CLOSE,CROSS,-; DIP,-,REC,-;

5..... OP/COH turn away 3/4 LF (W RF) on L, R to face ptr blending to CP/LOD, step bk L, bk R;

6-8.... (Rev-Sciss) Side L, close R, XLIB of R,-; Side R, close L, XRIB of L,-; Blend to CP dip bk RLOD on L,-,rec R,-;

9---12 FWD,-,2,-; TURN,SIDE,BK,-; TURN,SIDE,THRU,-; FWD,-,LUNGE,REC TURN;

9-10... CP/LOD fwd L,-,R,-; Turn 1/4 LF twd COH on L, side R twd LOD, step bk on L to Bjo/RLOD,-;

11..... Step bk on R turning 1/4 LF twd wall, side L twd LOD, step thru on R to SCP/LOD,-;

12..... Fwd L,-,lunge fwd on R, recover bk on L turning 1/2 LF (W RF) to LOP/RLOD;

13-16 FWD,-,FWD,-; LUNGE,REC TURN IN,FWD(OP/LOD),-; TURN,SIDE,BK,-; TURN,SIDE,FWD(CP/LOD),-;

13-14.. LOP/RLOD step fwd R,-,L,-; Lunge fwd on R, recover bk on L turning 1/2 LF (W RF), step thru on R to OP/LOD,-;

15-16.. Fwd L turning LF twd COH (W RF/wall), step side twd LOD, step bk on L to LOP/RLOD,-; Step bk on R turning LF twd wall, side L twd LOD, step fwd R to CP/LOD,-; (W LOP/RLOD feather bk on L,R,L to CP,-)

NOTE: 2nd time thru PART B adjust to skaters pos/LOD identical footwork to repeat PART A at Meas 16 as M does turn, side, thru on R,L,R,-; W does turn, side, thru, fwd on L,R,L,R;

PART - C

1---4 (CP/LOD) FWD,-,2,-; SIDE,CLOSE,CROSS(SCar),-; FWD,-,2(Check),-; CROSS,SIDE,FWD,LOCK;

1-2.... CP/LOD fwd L,-,R,-; (Sciss) Side L, close R, XLIF of R to SCar/LOD,-;

3-4.... Step fwd R,-,fwd L checking fwd motion,-; (Rev Fishtail) XRIB of L, side L, fwd R, lock LIB of R;

5---8 (SCar/LOD) FWD,CLOSE,BK,-; BK,CLOSE,FWD,-; SIDE,CLOSE,CROSS,-; FWD,2,3(CP),-;

5-6.... SCar/LOD fwd R, close L, bk R,-; Bk L, close R, fwd L to SCar/LOD,-;

7-8.... Side R, close L, XRIF of L to Bjo/LOD,-; Feather to CP/LOD on R,L,R,-;

9---12 FWD,-,2,-; SIDE,CLOSE,CROSS(Bjo),-; FWD,-,2(Check),-; CROSS,SIDE,FWD,LOCK;

9-12... CP/LOD same as measures 1 thru 4 except start with wrong foot lead. Sciss is done to Bjo & regular fishtail.

13-16 (Bjo/LOD) FWD,CLOSE,BK,-; BK,CLOSE,FWD,-; SIDE,CLOSE,CROSS(SCar),-; FWD,2,3(CP/LOD),-;

13-16.. Same as measures 5 thru 8 except start in Bjo/LOD for double hitch. Sciss is done to SCar/LOD.

ENDING

1---4 (CP/LOD) FWD,-,TURN,-; SIDE,BEHIND,SIDE,-; THRU,SIDE,BEHIND,-; SIDE,-,THRU,-;

1-2.... CP/LOD fwd L,-,turn RF on R to Bfly/Wall,-; Side L twd LOD, XRIB of L (W XIB), side L twd LOD,-;

3..... Release lead hands step thru twd LOD on R, blend to Bfly stepping side L to face ptr/wall, XRIB of L (W XIB),-;

4..... Step side L twd LOD,-,release lead hands stepping thru on R OP/LOD,-;

5---6 CIRCLE CHASE,2,3,-; ON AROUND,2,3,POINT;

5-6.... OP/LOD circle in LF twd COH (W chase) on L,R,L,-; On around twd wall (M chase) on R,L,R, with M directly behind W raise arms to shoulder height M points L twd LOD W points R twd RLOD;

SEQUENCE: A - B - C - B - A - B