

SWINGIN' DOWN THE LANE

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Record: Star 145-B (Flip: Dance of Love) Phase: IV Foxtrot/Soft Shoe Speed: 45 rpm
Sequence: INTRO, A, B, C, B, A MOD TO ENDING Released: 6/15/01

INTRO

1-4 WAIT 2 MEAS:-: CONTINUOUS CROSS CHECKS:-:

1-2 Wait 2 meas in shadow L hnds joined R ft free for both fc LOD;-;
QQQQ 3-4 Same footwork cross check R DC, recov L, sd R, cross check L
QQS DW; recov R, sd L, fwd R twd LOD M bring R arm over W's head to
present to her (W place L arm thru his R end arm & arm sd by
sd),-;

PART A

1-4 MONKEY WALKS:-: SOLO LEFT TURNS:-:

SS 1-2 Same footwork fwd & sd L W's leg coming in front of M,-, fwd & sd
SS R M's leg coming in front of W,-; repeat fwd & sd L,-, fwd & sd R,-;
QQS 3-4 Release arms trn independently fwd L comm LF trn, sd R cont trn,
QQS bk L end fc RLOD,-; bk R comm LF trn, sd L cont trn, fwd R end fc
LOD connect arm and arm position to repeat monkey walks,-;

5-8 MONKEY WALKS:-: SOLO LEFT TURNS:-:

SS 5-6 Same footwork fwd & sd L W's leg coming in front of M,-, fwd & sd
SS R M's leg coming in front of W,-; repeat fwd & sd L,-, fwd & sd R,-;
QQS 7-8 Release arms trn independently fwd L comm LF trn, sd R cont trn,
QQS bk L end fc RLOD,-; bk R comm LF trn, sd L cont trn, fwd R end fc
LOD no hnds held both L ft free,-;

PART B

1-4 FRONT BALANCES: PADDLE TURN: FRONT BALANCES: PADDLE TURN:

Q&QQ&Q 1 Sd L/ XRIF of L, recov L, sd R/ XLIF of R, recov R;
Q&Q&Q&Q 2 Making one full revolution to the L on the spot fwd & sd L with LF
trn/ keep L ft on the same spot throughout the paddle trn sd R
pushing off & cont trn, recov L cont trn/ sd R pushing off & cont
trn, recov L cont trn/ sd R pushing off & cont trn, recov L;
Q&QQ&Q 3 Sd R/ XLIF of R, recov R, sd L/ XRIF of L, recov L;
Q&Q&Q&Q 4 Making one full revolution to the R on the spot fwd & sd R with RF
trn/ keep R ft on the same spot throughout the paddle trn sd L
pushing off & cont trn, recov R cont trn/ sd L pushing off & cont
trn, recov R cont trn/ sd L pushing off & cont trn, recov R;

5-8 FRONT BALANCES: STEP, BRUSH 3.-:-: FRONT BALANCES: MAN VINE 3 & TAP (W STEP, BRUSH, BRUSH, TAP):

Q&QQ&Q 5 Sd L/ XRIF of L, recov L, sd R/ XLIF of R, recov R;
QQQQ 6 Step in pl L, brush R fwd twd LOD, brush R bk to XIF of L, brush R
fwd to LOD;
Q&QQ&Q 7 Sd R/ XLIF of R, recov R, sd L/ XRIF of L, recov L;
QQQQ 8 Sd R, XLIF of R, sd R, brush L to tap L toe to R of R (W step in
pl R, brush L fwd twd LOD, brush L bk to XIF of R, tap L toe to
R of R) end in skaters position still same footwork;

SWINGIN' DOWN THE LANE PAGE 2

9-12 SHADOW LEFT TURNS:-: FWD.-, CHECK.-: BEHIND. SIDE. FRONT.-:

SQQ 9-10 Same footwork fwd L comm LF trn,-, sd R cont trn, bk L end fc
SQQ RLOD; bk R comm LF trn,-, sd L cont trn, fwd R end fc LOD;
SS 11-12 Fwd L,-, fwd R XIF of L slightly to check,-; XLIB of R, sd R, fwd L
QQS to end fc DW,-;

13-16 SHADOW RIGHT TURNS:-: CONTINUOUS CROSS CHECKS:-:

SQQ 13-14 Same footwork fwd R comm RF trn,-, sd L cont trn, bk R end fc
SQQ RLOD; bk L comm RF trn,-, sd R cont trn, fwd L end fc LOD;
QQQQ 15-16 Same footwork cross check R DC, recov L, sd R, cross check L
QQS DW; recov R, sd L, fwd R twd LOD stay in skaters position,-;

PART C

1-4 FWD.-, RUN. 2: FEATHER LADY TRANSITION IN 4: REVERSE WAVE:-:

SQQ 1-2 Same footwork fwd L,-, fwd R, fwd L; Fwd R,-, fwd L, fwd R
SQQ (W QQQQ) (W fwd R, fwd L comm LF trn, sd & bk R fin trn, bk L) end in
BJO pos;
SQQ 3-4 Fwd L comm LF trn,-, sd R, bk L fc DRC (W bk R comm LF trn,-,
SQQ cl L to R for heel trn, fwd R); bk R,-, bk L comm LF curve, bk R
curve to end RLOD;

5-8 BACK FEATHER: FEATHER FINISH: WHISK: COMMENCE PROMENADE WEAVE:

SQQ 5-6 Bk L,-, bk R with R shoulder lead, bk L in BJO; Bk R trn LF,-,
SQQ sd & fwd L, fwd R BJO fc DW;
SQQ 7-8 Blend to CP fwd L,-, fwd & sd R comm rise to ball of ft, XLIB of R
SQQ cont rise end SCP DC; Fwd R,-, fwd L comm LF trn, sd & slight bk
R to BJO pos fc RLOD (W fwd L,-, fwd & sd R comm RF trn, cont
trn on R to fc LOD fwd L in BJO);

9-12 FINISH PROMENADE WEAVE: HOVER TELEMARK: OPEN NATURAL: HESITATION CHANGE TRANSITION TO OPEN:

QQQQ 9-10 Bk L in BJO, bk R to CP, sd & slt fwd L, fwd R to BJO DW (W fwd
SQQ fwd R in BJO, fwd L to CP, sd & slt bk R, bk L); fwd L,-, diag sd &
fwd R rise slightly with body trn 1/8 RF, fwd L (W fwd R) to SCP DW;
SQQ 11-12 Comm RF upper body trn fwd R,-, sd L across LOD, cont RF upper
SS (W SQQ) body trn bk R in BJO fc RLOD (W comm RF upper body trn fwd L,-,
fwd R btwn M's ft, fwd L cont upper body trn to BJO); comm RF
upper body trn small bk L,-, small sd R cont trn, draw L to R
(W comm RF body trn fwd R in BJO,-, sd L cont trn, cont trn to step
sd R to OP fc LOD in arm to arm pos);

13-16 MONKEY WALKS:-: SOLO LEFT TURNS:-:

SS 13-14 Same footwork fwd & sd L W's leg coming in front of M,-, fwd & sd
SS R M's leg coming in front of W,-; repeat fwd & sd L,-, fwd & sd R,-;
QQS 15-16 Release arms trn independently fwd L comm LF trn, sd R cont trn,
QQS bk L end fc RLOD,-; bk R comm LF trn, sd L cont trn, fwd R end fc
LOD no hnds held both L ft free,-; REPEAT B & A 1-7

ENDING

1-2 SOLO LEFT TURN TO SHADOW LUNGE: LADY ARM SWEEP:

QQS 1-2 Bk R comm LF trn, sd L cont trn to fc wall, lower in L leg to shadow
lunge M's R arm on her hip (W R arm sweep in front)-; M hold
(W sweep R arm out to sd circle up & arnd CCW end bk out to sd);